



AFFINITY HEALTH

Trusted, Affordable, Always With You



Day-to-Day Plan

HEALTHCARE BENEFITS



Main Member
R929pm



Spouse/Adult
R839pm



Child
R449pm

24/7 Telephonic Medical Consulting Hotline

Unlimited telephonic consultations with a Nurse, Doctor or Mental Health Professional. Includes Acute Medication recommended by the Nurse or Doctor subject to the Affinity Formulary.

Consultations - No Waiting Period
Medication - 1 Month Waiting Period

In-Person Nurse Consultations

Unlimited, managed visits at a Medical Society Centre. Includes all medication dispensed by the nurse practitioner subject to the Affinity Formulary.

1 Month Waiting Period

Virtual GP Consultations

Unlimited telephonic consultations with a virtual GP within the Affinity Provider Network, when referred by a designated nurse practitioner.

Consultations - No Waiting Period
Medication - 1 Month Waiting Period

GP Consultations

Unlimited, managed General Practitioner consultations within the Affinity Provider Network when referred by a designated nurse practitioner.

Pre-authorisation is required
1 Month Waiting Period



Out-of-Network GP Consultations

Covered up to **R300** per consultation. Member will be reimbursed up to the maximum amount per consultation.

1 Month Waiting Period

Specialist Consultations

Specialist visits covered up to **R2 000** per single member policy per Year or up to **R4 000** per family policy per Year. Member must provide a referral letter from a Doctor.

3 Month Waiting Period



In-Room GP Procedures

Unlimited cover for minor procedures that can be performed in a Network GP's rooms, subject to the Affinity Formulary.

1 Month Waiting Period

Healthcare Screening

One healthcare screening visit per Member per Year conducted by a Nurse Practitioner at a Medical Society Centre.

No Waiting Period

Acute Medication

Unlimited and linked to the Doctor consultation, medication dispensed by the Network Provider or obtained on script from a pharmacy subject to the Affinity Formulary.

1 Month Waiting Period

Over-the-Counter Medication

Over-the-Counter Medication up to **R500** per single member policy per Year or **R1 000** per family policy per Year, pre-authorised through the 24/7 Telephonic Medical Consulting Hotline.

1 Month Waiting Period



Affinity Health is a product of the Insurer, Affinity Life Limited (Registration Number 1952/001635/06), a registered Life Insurer and authorised Financial Services Provider (FSP 49986). This policy shall be voidable in the event of misrepresentation, misdescription or non-disclosure of any particular material fact to this insurance by or on behalf of an insured person. Terms and conditions as contained in the policy document shall apply.

V1.0.2026-D2D



Radiology	Unlimited basic radiology according to the Affinity Formulary if referred by a Network Doctor.	1 Month Waiting Period
Pathology	Unlimited basic pathology according to the Affinity Formulary if referred by a Network Doctor.	1 Month Waiting Period
Dentistry	Dentistry events at a Network dentist including, 1 full mouth assessment and 1 scale and polish every 6 months, infection control, 2 intraoral radiographs, 3 extractions and 3 fillings per member per year.	3 Month Waiting Period
Optometry	One eye test and one set of standard frames and lenses per member per 24 months. This benefit is only available through a Spec-Savers outlet.	12 Month Waiting Period
Maternity Support	Support for members through the provision of unlimited medical advice and monitoring of the pregnancy through birth and up to six weeks post-delivery. An additional specialist visit for members registered for the maternity management programme up to the maximum limit of R1 000 . Cover for the birth is only available on the Hospital or Combined Options.	3 Month Waiting Period 12 Month Waiting Period for pre-existing conditions
Maternity Scans & Blood Tests	Two growth sonars and relevant blood tests as referred by a GP within the Affinity Provider Network, subject to the Affinity Formulary.	3 Month Waiting Period 12 Month Waiting Period for pre-existing conditions

24/7 EMERGENCY SERVICES BENEFITS

Trauma Support Services	24/7 Telephonic trauma support counselling and mental health wellness support by qualified and dedicated professionals for traumatic events such as sexual assault, crime, gender-based violence, death, attempted suicide, and domestic violence.	No Waiting Period
Immediate Emergency Casualty Room Treatment	One Emergency Casualty Room treatment event up to R1 000 per policy, as a result of an emergency accident only, between Application date and Commencement Date.	No Waiting Period
Emergency Casualty Room Treatment	Emergency Casualty Room treatment for medical conditions and accidental injuries up to R3 500 per policy per Year.	1 Month Waiting Period



OPTIONAL BENEFITS

Additional features or benefits that are optional and can be included to enhance the overall value of your plan. Additional benefits carry additional premium.

Chronic Medication	This benefit covers 24 specific Chronic Conditions according to the Affinity Chronic Medication Formulary. Premium: R139	3 Month Waiting Period
HIV Chronic Medication Management Programme	The HIV/AIDS Management Programme provides sustainable treatment and tools to members living with HIV/AIDS, ensuring access to quality and co-ordinated healthcare. Medication limited to R500 per eligible member per month.	3 Month Waiting Period Registration required
Diabetes Management Programme	Access to clinically trained case managers that monitor compliance in terms of treatment, assist with information on health-related enquiries and offer clinical as well as emotional support.	3 Month Waiting Period Registration required



WhatsApp
0861 11 3000



Call Centre
0861 11 00 33



Casualty/Hospital Pre-Auth (WhatsApp)
071 314 5862



Email Address
info@affinityhealth.co.za



This icon indicates a benefit that requires Pre-Authorisation.



Persons joining over the age of 54 will be subject to increased premiums. Maximum of 7 dependants per policy.

Disclaimer: This is not a medical scheme and the cover is not the same as that of a medical scheme. This policy is not a substitute for medical scheme membership. Subject to Demarcation regulations, the Insurer does not refuse membership on the basis of any means of discrimination.



Affinity Life
Limited

Affinity Health is a product of the Insurer, Affinity Life Limited (Registration Number 1952/001635/06), a registered Life Insurer and authorised Financial Services Provider (FSP 49986). This policy shall be voidable in the event of misrepresentation, misdescription or non-disclosure of any particular material fact to this insurance by or on behalf of an insured person. Terms and conditions as contained in the policy document shall apply.

V1.1.2026-D2D